

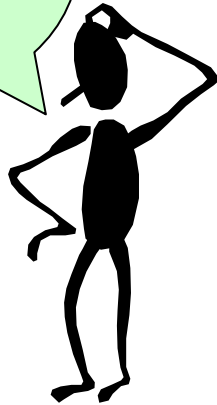


Connecting with your Pre-teen

Watching your child change in the 'Tween' years

A 6 week course for parenting children aged 9 to 13 years

"Where did my child go? And who is the 'teenager' in my home? I'm not ready for the changes!"



Topics covered will be:

- What are our kids dealing with at this stage?
- How to build and maintain a healthy relationship with your young person
- Preparing families for change – Puberty, Adolescence, High School
- Building a positive self-image in ourselves and our children
- Having the courage to say 'NO' – and live with the consequences!
- Communicating and working through problems – and still liking each other!

Venue **Craigburn Primary School** **Cost** Nil
15 Murrays Hill Road, Flagstaff Hill

Duration 6 weeks **Time** 7.00pm to 9.00pm

Dates (all dates to be attended)

Session 1 – Thursday 6 August 2009

Session 4 – Thursday 27 August 2009

Session 2 – Thursday 13 August 2009

Session 5 – Thursday 3 September 2009

Session 3 – Thursday 20 August 2009

Session 6 – Thursday 10 September 2009

For bookings, please contact Centacare on 8210 8200
or email your details to: registrations@centacare.org.au