

C.Y.P.F.S Leader's Training – Adelaide – October 2009

▶ Level 1. CYPFS Leader's Accreditation Training – One Day (to be delivered with the CYPFS Leader's Kit)

The Level 1. Leader's Accreditation Workshop will train educators and youth professionals to be leaders of the CYPFS Program. Participants will be taken step by step through the CYPFS Program and Leader's Resource Kit and learn how deliver the Life, Career and Performance Coaching Modules in both GROUPS and ONE to ONE within their own school or agency. Each participant will be registered as a CYPFS Leader and receive a Leader's Certificate and e-newsletter.

Training Outline

- ▶ About the CYPFS Program & Resources
- ▶ The Life Business P.O.W.E.R Coaching Model
- ▶ Learn how to deliver the CYPFS Modules in Groups and One to One
- ▶ Module 1. Career Coaching - Designing a "Life and Career Pathway Plan"
- ▶ Module 2. Life Coaching - Designing a "Steps for My Life Success" Master Plan
- ▶ Module 3. Performance Coaching - My TOP Performance Plan for senior students
- Steps For My School Success for Yr 7 – 10 Students

▶ Level 2. Advanced Coaching Skills – One Day

The Level 2. Coaching Skills Training assists existing CYPFS Leader's further develop their theoretical and practical knowledge of how to motivate and coach young people for success on a one to one basis. Leaders will learn solutions focused coaching strategies, how to lead powerful coaching conversations using The G.R.O.W Model, and practice key one to one coaching skills to assist young people build the emotional skills they need to overcome obstacles and implement their Life, Career and Performance Pathway Plans on an on going basis..

Training Outline:

- ▶ The Role of the Coach
- ▶ Motivation and Behaviour Change Models
- ▶ Coaching Steps and Stages
- ▶ Solutions and Strengths based Coaching Strategies
- ▶ Coaching for Change using The GROW Model
- ▶ Practice Key one to one Coaching Skills

"I am excited and energised about incorporating this into my work with young people and committed to ensuring it becomes part of our school". **Marie Milne, Assistant Principal Willunga High School, South Australia.**

This is the best professional development training I have done for a long time. I enjoyed all the activities and feel I have a range of new skills to use with young people and in my own life. **J. McClimont, VCAL Coordinator, Kangan TAFE, Victoria**

Location: YouthJet LCP Training Room, 151 Hutt Street, Adelaide, 5000 SA

Dates: Level 1. CYPFS Leader's Accreditation Training (DAY 1) 9 am – 5 pm
Thursday 15th of October, 2009

Level 2. Advanced Coaching Skills Training (DAY 2) 9 am – 4pm
Friday 16th of October, 2009

Bookings: Register on- line at www.lifebusiness.com.au

Fax back registration form to 03 98856168

Enquiries To Jude Rogers on 0437 212 793 or juderogers@bigpond.com

Leader's Training Program - Registration Form – Adelaide - 2009

Name _____

Organisation _____

Email _____

Position _____ Contact No: _____

Address _____

Post Code _____

I wish to order the following Training Packages:-

- Level 1. Leader's Accreditation Training **Plus Kit** \$800pp (one day)
- Level 1. & Level 2. Training **Plus Kit** \$1000pp (two days)
- Level 1. Leader's Accreditation Training **only** \$300pp
- Level 2. Advanced Coaching Skills Training **only** \$300 pp

Add extra Leaders

- 2 day training only (no kit) \$500
- Level 1. Refresher Training (for registered leaders only) \$100

Optional: Purchase Order Number _____ Plus 10% GST

I wish to register ..

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I wish to discuss in-house discount training and kit packages